### 😫 What is Gyotaku?

**Gyotaku** (say it like "gyo-tah-koo") is a special kind of printing that started in **Japan** over 100 years ago. The word gyo means "fish" and taku means "rubbing" or "printing". So it's a way of making art by printing with real fish!

# < A Bit of History

- A long time ago, Japanese fishermen used Gyotaku to **record the size** and type of fish they caught.
- Instead of taking a photo, they would **cover the fish in ink**, press paper onto it, and make a **print of the fish's shape and details**.
- This helped them keep a memory of their biggest and best catches!

#### 🜓 Gyotaku Today

- Today, artists all around the world use Gyotaku not just to record fish, but to create **beautiful sea-themed artwork**.
- Some people still use **real fish**, while others use **rubber models** or make their own from **foam or clay**.
- Gyotaku is also used in **schools and museums** to help children learn about fish, nature, and Japanese culture.

### Step 1: Draw and Cut Out Your Fish Shape from Foam

To start your Gyotaku-inspired print, you'll need to make a fish shape to print from.

- 1. Take a sheet of thin craft foam.
- 2. Use a pencil to lightly draw the outline of a fish try to make it look like a real fish you might find in the sea (such as a trout, mackerel, or goldfish).
- 3. Once you're happy with your fish drawing, carefully cut it out using scissors.

This foam fish will be used like a stamp in later steps!

O Arts Award Initiative Ltd



#### Step 2: Add Texture and Details to Your Foam Fish

To make your foam fish look more realistic—like the ones used in traditional Gyotaku—you'll need to add some texture:

- 1. Use a blunt pencil or the end of a paintbrush to gently press details into your foam fish.
- 2. Add scales by drawing overlapping curves, a line down the side to show the spine, and small lines for fins and gills.
- 3. Be careful not to press too hard—you want to make indents, not cut through the foam.

These details will help your print look more like a real fish when you ink it later.



### 🔀 Step 3: Ink and Print Your Foam Fish

Now it's time to make your first Gyotaku-inspired print!

- 1. Squeeze out a small amount of block printing ink or acrylic paint onto a flat tray or palette.
- 2. Use a sponge or roller to evenly dab a thin layer of ink onto the textured side of your foam fish. Make sure the ink covers all the details.

O Arts Award Initiative Ltd

- 3. Carefully place a piece of paper (preferably rice paper or cartridge paper) on top of your inked foam fish.
- 4. Gently press and smooth the paper down with your hands, making sure to touch all areas.
- 5. Slowly peel the paper off to reveal your fish print!



## Step 4: Create a Collagraph with Multiple Fish and Seaweed Shapes

Now that you've made one fish print, let's take your artwork further by turning it into a collagraph—a layered print using several shapes!

- 1. Cut out more fish shapes from foam sheets—try different sizes and types of fish.
- 2. Create seaweed shapes by cutting long, wiggly strips from green foam or card.
- 3. Arrange your foam fish and seaweed onto a piece of cardboard or thick paper in a sea scene layout.
- 4. Glue them down gently and let them dry completely.
- 5. Once dry, use a sponge or roller to ink up the entire surface with your chosen colours.
- 6. Place your printing paper on top and press down evenly.
- 7. Peel back the paper to reveal your collagraph sea scene!



O Arts Award Initiative Ltd

### More Cool Ideas with Gyotaku

- Print not just fish try **seaweed**, **shells**, **or coral shapes**.
- Add a background to make an **underwater scene**.
- Use bright paints or metallic colours for a more modern look.
- Try printing on **fabric or canvas** for a cool display!

