**👨‍🎨 Who is Vincent van Gogh?**

Vincent van Gogh was a Dutch artist who painted with **strong emotions**, **bright colours**, and **thick, swirling brushstrokes**. He painted everyday things — like **sunflowers**, **stars**, and **his bedroom** — but made them feel **alive and full of energy**.

Van Gogh didn’t paint what things looked like exactly — he painted how they **felt** to him inside.

**🖼️ What Will You Make?**

You’ll paint a picture full of **colour and movement**, like a **swirly sky**, a **field of sunflowers**

**🧰 You Will Need:**

* A sheet of thick white paper or canvas (A4 or larger)
* Paints (acrylic or thick poster paint work best)
* Brushes — a thick one and a thin one
* A palette or plate for mixing
* A pencil (for a light sketch)
* A fork, sponge, or even your fingers (for texture — optional!)

**Step 1: Choose Your Van Gogh-Inspired Scene**

Pick one of these ideas:

* A **starry night sky** 🌌
* A field of **sunflowers** 🌻
* A colourful **landscape** with hills and trees 🌳

**Step 2: Lightly Sketch the Main Shapes**

1. Use a pencil to gently draw the main parts of your picture:
   * The hills, flowers, stars.
2. Keep the shapes simple — you’ll add excitement with paint!

**Step 3: Choose Bright Van Gogh Colours**

Van Gogh used bold colours like:

* Yellow 💛
* Blue 💙
* Orange 🧡
* Green 💚
* Red ❤️
* Purple 💜

💡 **Tip:** Don’t try to make colours look real — Van Gogh painted with feeling, not accuracy!

**Step 4: Add the Background with Swirling Strokes**

1. Start by painting the **sky or background**.
2. Use **short, quick strokes** — move your brush like you’re making **dashes or swirls**.
3. For a night sky, try using **blue, purple, and white** with **swirling stars**.

**Step 5: Paint the Main Shapes with Texture**

1. Use thick paint to fill in your flowers, face, or hills.
2. Use a **fork, sponge, or the end of your brush** to make fun textures!
3. Try painting in the same direction as the shape — like **round strokes for a face**, or **wavy strokes for fields**.

**Step 6: Add Bold Details**

1. Outline with your brush or add more colour strokes to make your shapes stand out.
2. Don’t blend too much — Van Gogh’s art had **visible brushstrokes** and **lots of layers**.

**Step 7: Final Touches**

1. Add white or yellow dots to your sky for stars.
2. Add extra dabs and swirls to show wind, movement, or sunshine.
3. Stand back and see where it needs more **energy or colour**!

**🎨 More Van Gogh Art ideas!**

* 1. Can you sketch your own bedroom in the style of “Bedroom at Arles”?

Here are some examples:

A collage of different beds

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How would you colour your picture?

* 1. Try creating **a bold self-portrait** — using **thick lines** and **vivid colours** just like Van Gogh!