**👨‍🎨 Who is Jackson Pollock?**

Jackson Pollock was an American artist who didn’t use a brush like most painters. He liked to **drip, splash, and flick paint** onto a canvas to make **wild, energetic patterns**. This style is called **“action painting”** because it’s all about movement and excitement!

Pollock’s paintings don’t show people or things — they show **feelings** and **motion** through colour and lines.

**🖼️ What Will You Make?**

You’ll create your own **Jackson Pollock-style action painting** by **dripping, flicking**, and **splattering** paint to make a wild and colourful picture!

**🧰 You Will Need:**

* A large piece of paper or cardboard (A3 size is great!)
* Paint (acrylic or poster paint works best)
* Paintbrushes, sticks, or spoons
* Old clothes or apron (this can get messy!)
* A drop cloth or newspaper to protect your table or floor
* A cup of water and a tray or palette

**Step 1: Set Up Your Space**

1. Put down newspaper or a plastic sheet where you’ll be working.
2. Lay your paper or cardboard flat on the ground or a table.
3. Wear old clothes or an apron — you're going to get messy (in a fun way)!

**Step 2: Pick Your Paint Colours**

1. Choose **3 to 5 colours** you love.
	* Pollock liked **black, white, red, yellow, and blue**, but you can use anything!
2. Pour a little of each colour into its own container or tray.
3. Add a small amount of water to each colour to make it **runnier**.

**Step 3: Start Dripping and Flicking!**

1. Dip a brush, stick, or spoon into the paint.
2. **Flick, drip, or splatter** the paint over your paper by:
	* Tapping the brush over the paper
	* Shaking the brush fast
	* Swinging your arm like you're dancing!
3. Use a different tool or hand for each colour.

💡 **Tip:** Try standing up and moving around the paper while you work — like a dancing painter!

**Step 4: Layer It Up**

1. Wait a little between colours so they don’t all mix into brown.
2. Add new splashes on top of old ones — **layer, layer, layer!**
3. Make some lines thick and some thin.

**Step 5: Stop and Look**

1. Step back. Do you like what you see?
2. You can add more splashes or stop when it **feels just right**.

**🎨 More Fun ideas**

* **Pollock Puzzle**
	+ Print out a painting and cut it into puzzle pieces.
	+ Reassemble and see how abstract art fits together!
* **Colour Hunt**
	+ Choose one of Pollock’s artworks and count how many different colours you can find.